

The 5k Gold Rush Fun Run is a relatively flat, out and back course on the Mickelson Trail. The course is walker friendly!

LOCATION: Harbach Park/Mickelson Trail Custer

## Youth 10 & under 1K Race Start Time 7:45 AM Official 5K Race Start Time 8:00 AM

Registration begins at 7:00 AM - Race time 8 AM Walkers will have the option of starting any time between 7:00 - 8:00.

## Donations will go to the Custer Cross Country Team

LAST NAME:	FIRST NAME:	_
ADDRESS:		_
CITY:	STATE/ZIP:	_
EMAIL:		
AGE/DOB:		

WAIVER ( Must be signed to participate):

I acknowledge that running a trail race is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I assume all risks associated with participating in the event, including, but not limited to: falls, contact with other participants, the effects of the weather, and the conditions of the trail. Having read the waiver and been made aware of these facts, I waive and release all sponsors and their representatives, and all successors from all claims or liabilities of any kind arising out of my participation in this event, even through liability may arise out of negligence or carelessness on any part of the persons named in this waiver.